

Hawaii MARINE SPORTS

Hawaii Marine C Section

September 20, 2002

1st Radio Battalion raided by 1/3



Cpl. Jason E. Miller

1st Radio Bn. Red Raiders' wide receiver Nicholas Johnson makes a leaping catch in the first quarter that resulted in a 25-yard gain for the Red Raiders.

Cpl. Jason E. Miller
Combat Correspondent

A very fast and stingy defense, coupled with a speedy and accurate air assault, put down the Red Raiders of 1st Radio Bn., when they faced off against the 1st Bn., 3rd Marine Regiment Raiders in their season opening loss at Pop Warner Field.

The 1/3 Raiders triumphed 19-12 in the low-scoring, yet brutally exciting affair.

The game began with a big kick return by Radio Bn.'s Jason Bailey, who brought the ball about 50 yards on the opening kickoff. The play was the lone highlight for Radio Bn. in the first quarter.

Suppressed by a stingy 1/3 defense, 1st Radio went three and out on their first possession. Once 1/3 got the ball, the chains began to move, but at the end of the first quarter, both teams were scoreless.

On the second play from scrimmage in the second quarter, 1/3 Raiders quarterback Austin Smith hit wide receiver Jeremiah Palmer for a 40-yard touchdown pass to put the team ahead 6-0. They failed to capitalize off of the two-point conversion.

On the ensuing kickoff, the Red Raiders' special teams' play began to shine again, as cornerback Gerald Proctor returned the kick 67 yards to inside the 1/3 five yard line.

Threatening to score, Radio Bn. made several attempts to cross the goal line, but was stuffed on every run play.

With the pressure from the 1/3 defense, they couldn't complete a pass. A break came for the Red Raiders when 1/3 was called for pass interference.

Radio Bn. then had the ball, first and goal on the 1/3 one yard line.

Two plays later, Red Raiders running back Corey Williams scrambled two yards to put Radio Bn. on the board and tie the score at 6-6 with 7:58 left in the second quarter. The super-fast 1/3 defense blocked the extra point attempt and kept the score tied.

The ball shuffled back and forth between the two teams, but with 1:07 left in the half, 1/3 linebacker Ronald Harvey picked off a Bailey pass and gave the Raiders one more chance to score.

Raiders quarterback Dwayne Adams rushed 19 yards for a touchdown on an option play and put 1/3 back ahead with 53 seconds on the clock. After the extra point, 1/3 led 13-6.

The Raiders of 1/3 mounted several drives in the first half, but only managed 13 points. Turnovers and penalties were hindering both teams, but plaguing Radio Bn. to the point that

See FOOTBALL, C-3

Hawaii Marines fall short of goal

Pfc. Monroe F. Seigle
Combat Correspondent

The Varsity Soccer team from MCB Hawaii, Kaneohe Bay, took a hard loss in the Hawaii Armed Forces Services Athletic Council's soccer championship game against the Hawaii Force Soccer Team Friday aboard Hickam Air Force Base.

Even though it was a close game to the bitter end, the Force, composed mostly of Army soldiers, civilians and family members, got on the scoreboard quickly. Forward Richard Pena scored first edging by the Marine goalie, to bring the score to 1-0 in the first three minutes of the game.

Ten minutes later, the Force's offense struck again when forward Chad Penner bounced the ball off his head and into the goal to double the Force's lead.

The Marines struck back late in the first half when midfielder Mario Morales fired a shot past goalie Contantin Nicolet to make the score 2-1 before the intermission.

Although neither team scored again, the Marines made the Force earn the narrow victory with several goal attempts throughout the second half of the game, the majority coming from Morales.

See SOCCER, C-3

SM&SP Shank and Slice drives it up

Sgt. Alexis R. Mulero
Combat Correspondent

They may not pay out the six-figure prizes earned by Tiger Woods, but the MCB Hawaii, Kaneohe Bay, Single Marine and Sailor Program offered base golfers the opportunity

to enjoy an afternoon of competitive sport and the possibility to win prizes Sept 13.

The 91 Marines and Sailors who participated broke up into 23 different four-man teams, regardless of rank, and played some spirited rounds of best-ball scramble.



Sgt. Alexis R. Mulero

Cody Perry, a field wireman with Headquarters Co., 3rd Marine Regiment, tries to drive his team closer to the green.

"This type of tournament encourages service members to participate and build camaraderie regardless of ability or handicap," said Louie Lee, assistant professional at Kaneohe Klipper Golf Course.

Although the tournament was not officially considered competitive, the winning team finished the day with a 12-under-par 60. The winning team included James Caldwell, administration chief with Combat Service Support Group 3, Joe Ruiz, reparable issue point staff noncommissioned officer in charge, CSSG-3; Kevin Fitzgerald, supply clerk with Marine Corps Air Facility; and Jimmy R. Sumaya, a warehouse chief with Headquarters Bn.

After concluding their rounds, golfers enjoyed pupus and refreshments at the Kaneohe Klipper lanai.

Additionally, they had the opportunity to win prizes such as free food coupons, golf equipment,

See GOLFERS, C-3

SPORTS BRIEFS

Debbie Robbins MCCS Public Relations

Cheerleading Coaches Wanted

Youth Activities is seeking volunteer cheerleading coaches for the upcoming flag football season. Those interested can call Youth Activities at 254-7611.

Fast Pitch Baseball Seeks Interest

Varsity Sports Coordinator Joe Au is seeking command interest in fielding an intramural baseball team for January 2003. This will be a fast-pitch baseball league. Interested military members should contact their sports representative, and the reps should e-mail Joe at Joe.Au@usmc-mccs.org

Flag Football Graces Camp Smith

All persons attached to Camp H. M. Smith may now look forward to the upcoming flag football season. Sports Coordinator Angela Pittman is currently reserv- ing spots. For more details, call 477-0498.

Resumes Accepted for World Skeet Championship

The World Skeet Championship is being held Oct. 11 - 19 in San Antonio, Texas. Marines interested in being considered for competi- tion must be a National Skeet Shooting Association member and should submit a resume to the Marine Corps Community Services Athletics Office. Resumes should include an average based on a min- imum of 500 targets in each gauge (12, 20, 28 gauge and .410 bore), as well as a current classification of “A” class or higher, and a copy of an NSSA classification card. For more, contact the Athletics Office at 254-7590.

SM&SP Offers Discounts at the Klipper

Take advantage of the benefits the Single Marines and Sailor Program has to offer. The Kaneohe Klipper has discounted prices for E-5 and below. The greens fee is only \$9 for 18 holes and \$5 for 9 holes. Plus, club rental is lowered to \$5 per set. Two tee times on Saturdays and Sundays are re- served for SM&SP only. The deadline for the Saturday tee-off is Thursday at 5 p.m., and Sunday’s deadline is Friday at 5 p.m. For more details, contact Leslie Graham at 254-7593.

Oceanside Paintball Takes Aim

Let your “inner-predator” come out. Spend a day practicing your combat skills with Oceanside Paintball. The field is open Saturdays, 9 a.m. - 4 p.m., and Sundays noon - 5 p.m. Select Fridays are available for training exercises and unit events, upon request. The cost is \$10 per person, including mask and paint- ball marker. Players have the option of bringing their own paint or buying it at the field. For more information, times and locations, contact owner Robert Brumley at 254-7593.

Rocker Room Brings Regal Pigskins and Pupus

Cheer on your favorite football team every Monday night at the Staff NCO Rocker Room’s Monday Night Football pigskin and pupu party. Doors open at 4:30 p.m. Plenty of free prizes and pu- pus will keep your gang coming back for more. Each week the Rocker Room will feature a guest bar-

tender. Also, a King and a Queen of the Quarter will be crowned. Every King and Queen becomes eligible to win the regal recliner during Super Bowl Sunday. Also, don’t forget that you can ease back at the E-Club every Monday night during its weekly “Sports Night.” For more details, call 254-5592.

K-Bay Lanes Throws Out a Strike

Bowling is back, and back “with attitude!” Monday through Thursday, E-5 and below can bowl for \$1.50 per game with free shoe rental at K-Bay Lanes. Bowling leagues for youth, women’s, intramural and a Wednesday night mixed foursomes are starting. All bowling levels are welcome to participate. Check out Semper Extreme Bowling Fridays 6 p.m. - 1 a.m.; Saturdays at 11:30 a.m. - 5 p.m. and 8 p.m.- 1 a.m.; and Sundays, 6 - 9 p.m. The K-Bay Lanes also features bumper bowling for keiki, a hearty snack shop, a pro shop and arcade. For more information, call K-Bay Lanes at 254-7693.



Marriott Links to Literacy Golf Tournament

Tee off at Marriott Links to Literacy, a benefit for the Hawaii Library Foundation Sept. 20 at the Ko Olina Golf Club, one of Oahu’s premier courses. The format at the 9th annual tournament includes 18 holes and three-person modified scramble. Registration begins at 9 a.m., and a shotgun start is at 11:30 a.m. An awards banquet, live auction and prize drawings will follow at 6:30 p.m. at the J.W. Marriott Ihilani Resort and Spa. All players will be eligible to win one of two grand prizes during the awards banquet: A five-night, six-day trip to Napa Valley with accommodations at the Renaissance Lodge at Sonoma and golf at the Silverado Resort; or a six-night, seven-day trip to Vancouver, Canada, with accommodations at the Marriott Residence Inn at Whistler. Air transportation will be provided by Aloha Airlines for both trips. Corporate sponsorships are welcomed and encour- aged. Individual participation will be accepted on a space available basis only. For more information and registration, call the Hawaii Library Foundation at 837-8069.

5K “Race for the Cure” Deadlines Today

Applications are available now for the 8th Annual Susan G. Komen Hawaii Race for the Cure, Sept. 29 at Kapiolani Park. The race is being held to raise funds for the fight against breast cancer. The “event with a mission” fea- tures a 5k race at 7:30 a.m, followed by a one-mile walk at 7:45 a.m. Registration is \$18, if postmarked by today. The cost is \$25 for applications thereafter. Groups of five or more mailed together are \$15 per participant. There will be no official registration on race day. Entry forms with complete details are available in *Hawaii Race Magazine*, at Chevron stations, Safeway lo- cations, or by calling the information line at 973-5967. Online registration can be accomplished at www.race-forthecurehawaii.org.

Ko’olau Challenge Golf Tournament Benefits Special Olympics Hawaii

Ed Wary, owner of Auntie Pasto’s, Dixie Grill and Eddie’s Burgers & Frozen Custard, is sponsoring the Ko’olau Challenge Golf Tournament Sept. 30, as a ben- efit for Special Olympics Hawaii. Entry is \$65 per person or \$240 for a four-person team at the event, which begins at 11 a.m. with check-in and shotgun start at noon at the Ko’olau Golf course. Registration is available for the four-person, best-ball scramble by calling Melissa Blake at Special Olympics Hawaii, 943-8808, ext. 69.

Boating Classes Begin Monday

The Honolulu Sail and Power Squadron alerts boaters to it’s seven session evening course in safe boat- ing, Monday at 7 p.m., at the Waikiki Yacht Club. The course is designed for skippers and would-be skippers, and is open to both adults and teens. Classes will be held at the Waikiki Yacht Club, locat- ed at the entrance to Ala Moana Park across from Atkinson Drive. These classes are free except for a nom- inal charge for instruction materials. For more information or registration, call 846-9000.

Hale Koa Offers Tennis Tournament

•The Hale Koa Hotel is hosting the Hale Koa Junior Open Tennis Tournament Oct. 4 - 6. The event is open to both boys and girls, ages 12 - 18, playing singles or doubles. The deadline to enter the tournament is Sept. 30. The cost is \$18 for singles and \$26 for doubles. Entry forms are available at the POiNT Health Club. •The Hale Koa Hotel is also offering a tennis doubles classic Nov. 15 - 17. There will be a men’s and women’s division (3.0 - 4.5). As well as a combination mix (6.0 - 9.0). The cost is \$30 per team, and entry forms are avail- able at the POiNT Health Club. For either event, make checks payable to the Hale Koa Hotel and mail to: D. Conroy, Hale Koa Hotel Tennis 2055 Kalia Road Honolulu, HI 96815

Hawaii Professional Rodeo Returns to Oahu

Cowboys and cowgirls from across Hawaii are sad- dling up for two days of bucking broncs, bull riding, and malassadas. The Hawaii Council on Portugese Heritage presents “Hawaii Professional Rodeo” at New Town & Country Stables in Windward Oahu, Oct. 4 and 5. The rodeo will feature local and national cowboy tal- ent as well as authentic Portugese food. Professional talent from Hawaii and the mainland is slated for participation in a full array of riding, roping and racing events to include bareback bronc riding, sad- dle bronc riding, bull riding, team roping, double mug- ging, barrel racing, steer undecorating and match bar- rel racing. Rodeo events and entertainment will be held as fol- lows:

Oct. 4 5 p.m. 5:30 - 6:30 p.m. 6:30 - 7 p.m. 7 - 9:30 p.m.	Gates open Live country music Frank De Lima Rodeo events
Oct. 5 2 p.m. 2:30 - 3:30 p.m. 3:30 - 4 p.m. 4 p.m. - 6:30 p.m.	Gates open Live country music Frank De Lima Rodeo events

Interested participants should call New Town & Country Stables at 259-9941 by Sept. 23. For those who would rather watch from a safe dis- tance, admission is \$10, if purchased in advance, or \$12 at the gate. Children four and younger will be admit- ted free of charge. For more information, call the Hawaii Council on Portugese Heritage at 845-1616. To purchase tickets, call Ticket Plus at 526-4400, or visit any Ticket Plus outlet. Order online at www.TicketplusHawaii.com.

Bellows AFS Brings Outdoor Recreation

Just because summer is over, does not mean you have to be a couch potato. Bellows Air Force Station offers plenty of outdoor recreation for active duty, family members and guests. For the ocean lover, Bellows offers many acquatic courses for beginners and pros. For example, learn how to choose the best waves to shoot the curl, as Bellows offers bodyboarding lessons Fridays at 1 p.m. The cost is \$12 per person and includes the use of a bodyboard. Or, learn ocean kayak skills, including deep water re- covery, navigation, water safety, and efficient paddling techniques. Classes are every Wednesday and Thursday at 1 p.m. The cost of the class is \$14 for adults. The price in- cludes kayak rental for time of instruction.. Pay for classes and pick up your equipment at Equipment Check Out. For more information, call 259-8080.



Pfc. Monroe F. Seigle

Base All Stars

NAME: Staff Sgt. Mario R. Morales

**BILLET: Aviation administrator
SNCOIC**

UNIT: HMH-363

SPORT: Varsity Soccer

**TEAM: MCB Hawaii Varsity Soccer
Team**

POSITION: Midfielder

**• Morales has been playing soccer
for more than 20 years.**

**• In 1999, he played in the second
military games held in Croatia.**

**• Morales was also one of six
Marines to represent the U.S. in
the *Conseil International du Sport
Militaire* games held in Canada.**

*“Soccer is my passion ... I love the competition
and comraderie amongst the players.”*



Cpl. Jason E. Miller

Red Raiders’ running back Corey Williams is taken down by 1/3’s defense after a short gain in the second quarter of Radio Bn.’s loss to 1/3 Sept. 10.

FOOTBALL: 1/3 Raiders take the intramural win

From C-1

they had very little positive yardage in the first two quarters of play. The 1/3 defense dominated the pace of the game and hampered any drives attempted by Radio Bn. The score remained 13-6 at the half.

The third quarter began just as the second had ended, with 1/3 taking the ball away from 1st Radio and controlling the field.

The Raiders’ final touchdown of the game came when Ronald Harvey recovered a fumble in the end zone and added six more points to the 1/3 total, with 10 seconds left in the third quarter. The extra point attempt was missed, but 1/3 extended its lead to 13 points.

First Radio Bn. spent all of the fourth quarter trying to mount a

comeback drive. The defense finally took a stand against the 1/3 passing game, and with just over a minute to play, got the ball back for one last chance.

The Red Raiders put together an impressive 50-yard drive that was capped by a one-yard touchdown run by offensive position Nicholas Johnson with 17 seconds left in the game, bringing the score to 19-12.

After a failed two-point conversion attempt, the Red Raiders went for an onside kick in hopes for one more possession to win the game, but 1/3 was quick to recover and run out the clock to victory.

The Raiders of 1/3 defeated the Red Raiders of 1st Radio Bn 19-12, and the game ball went to Raiders’ linebacker Brian Heimer who kept pressure on 1st Radio the entire game and registered several tackles and quarterback sacks.



Sgt. Alexis R. Mulero

Bryan Booth, a training cadre with 1st Radio Bn., prepares to putt a 12-footer.

GOLFERS: Marines, Sailors slice up links

From C-1

long distance phone cards, and other items provided by tournament sponsors: AT&T In-room Service, Bank of Hawaii, Maui Tacos, Windward Federal Credit Union, Hawaiian Water Adventures Park, Taco Bell, Pizza Hut and the University of Phoenix.

“All prizes, except closest to the pin and long drive, were awarded via random draw, ensuring all teams an equal chance to

win, regardless of score,” said Lee.

Proceeds from the tournament benefit programs provided by the Single Marine and Sailor Program.

“We would like to thank those sponsors who donated prizes and made the tournament a complete success,” said Lee.

For more regarding Shank and Slice or other Single Marine & Sailor Program activities, call Leslie Graham, the SM&SP coordinator, at 254-7593.



Pfc. Monroe F. Seigle

Mario Morales races past a force defender during the championship.

SOC CER, From C-1

“The Marines are a very physical team,” said Army coach Augie Mendez. “The smaller fields benefit the more physical teams.”

“I’m very proud of the team as a whole,” said Ian Brooks, head coach for the MCB Hawaii Varsity Soccer Team. “We had a strong de-

fensive play and we did an outstanding job for a new team.”

The K-Bay warriors fought hard and finished with a record of 3-1-1. Unfortunately, they will have to wait until next year to prove whether they are the best military soccer players on the island.

“We plan on doing a lot of training until next year,” said Collins. “We need more experience as a team, so we can take it all.”

SPORTS AROUND THE CORPS

Station hits grand slam with Japanese

Pfc. Jeff Zaccaro
MCAS Iwakuni

MARINE CORPS AIR STATION IWAKUNI, Japan — The Marine Corps’ number one priority is mission accomplishment, and one of Marine Corps Air Station Iwakuni’s main missions is keeping a good relationship with our host nation.

The Station has developed many ways to keep a good relationship with those outside the gate, such as participants in the Japanese and American Goodwill Softball Tournament held at the Penny Lake fields, Sept. 8.

The ninth annual tournament featured American and Japanese teams and gave them the opportunity to compete against each other in a sport known around the world, while at the same time giving them the opportunity to interact in a recreational environment.

“The main focus behind the tournament is to enhance the community relations that we have with the Japanese,” said Bobby Brown, Marine Corps Community Services athletic director. “Activities and tournaments like this help to create a stronger bond between everyone involved.”

With the help of Makoto “T-san” Tsunekuni, MCCS recreational specialist, the Station was able to coordinate 11 Japanese teams and one American team in the tournament.

According to Tsunekuni, he worked with the official Iwakuni Softball Society

and contacted the teams that were interested in the tournament.

Shortly after all the coordinating was complete it was time to play ball in the single elimination tournament with team hopes of walking away with the first place trophy.

With the games underway, the competition level was already on the rise between the 12 teams, according to Daniel Montemayor, Motley Crue team member.

“The Japanese are really competitive and love this sport,” said Montemayor. “Major league baseball can really learn a lot from them. They play for the love of the sport, not the money, so there will be no strikes.”

With the games underway, the Japanese team, Team Gator, took the first victory of the day by beating Renkon B.

After two victories, the Motley Crue faced Team Gator in the fifth round and was determined to win.

“The Americans won last year, and we are going to win this year,” said Tom Neeley, Motley Crue team member.

With the whole team feeling as determined as Neeley, Motley Crue played a fierce fifth round game and finished up



Pfc. Jeff Zaccaro

Motley Crue team members Daniel Montemayor and Tom Neeley practice before their first game of the 9th Annual Japanese and American Goodwill Softball Tournament at the Penny Lake Fields Sunday. Neeley and Montemayor were part of the only American team in the tournament, and hoped to claim victory, like the Americans had the year before, but were eliminated in round five.

by tying with Team Gator at the end of the game.

Motley Crue got a quick lesson in Japanese softball rules when they took to the field to break the tie in extra innings and then found themselves playing an intense game of rock, paper, scissors to advance into the final round.

Although in disbelief, Motley Crue gave rock, paper, scissors their all, but

couldn’t pull off the win.

With Motley Crue conquered, the only thing that stood between Team Gator and a victory was Atago Nine.

Motivated with their recent victory in rock, paper, scissors, Team Gator was able to beat Atago Nine in the final round, making them the 9th Annual Japanese and American Goodwill Softball Tournament winners.

HEALTH & FITNESS

Tennis elbow can be treated

NAPS

Featurettes

Many tennis players, golfers and other weekend and professional athletes are raising a racket about the possibility of better ways to treat lateral epicondylitis, commonly known as “tennis elbow.”

The condition is usually caused by overstress of the tendon that attaches to the bone at the outside of the elbow.

The generally accepted treatments for this kind of repetitive stress disorder include:

- RICE, that is rest, ice, compression and elevation plus activity modification
- Braces, splints (forearm sleeve) and/or orthotics
- Non-steroidal, anti-inflammatory drugs (e.g., Nap-rosyn, Advil, Motrin, Nuprin, Alleve, aspirin, etc.) Or Cox inhibitors (Celebrex, etc.)
- Physiotherapy, rehabilitation, conditioning and general fitness
- Steroid injections or local anesthesia.
- Surgery

There are also specific training techniques and equipment factors such as correcting backhand technique or modifying the racquet grip, head size or string tension.

Now, however, the U.S. Food and Drug Administration approved the application of a new extracorporeal shock wave therapy system. This is an innovative, non-



Sgt. Alexis R. Mulero

First Lieutenant Tony Priddy, G-6 operations officer, winces in pain while experiencing the effects of tennis elbow.

invasive way to treat localized musculoskeletal pain.

During a treatment with this system, the articulating head of the device is placed onto the area where the patient experiences pain. The machine then administers a preset number of pulses, or shockwaves, at a low energy level, allowing for anesthesia-free treatment.

“We found that these treatments improved functional outcomes in most patients, while offering no significant side effects,” said Dr. David Covall, an orthopedic surgeon. Other advantages to the treatment noted by Covall are that

“it is office-based, requires no anesthesia, and is non-invasive.

“This means that the treatment will be more accessible to the patient and more cost effective. I believe that this form of non-surgical treatment could revolutionize the treatment of pain associated with tennis elbow.”

Those interested in learning more can go online to the Siemens Medical Website at www.SiemensMedical.com/sonocur.

Did You Know?



NAPS

In 1964, golfer Norman Manley achieved consecutive holes-in-one on a course in Saugus, Calif., and both holes were par-4s.



Pain can be stopped by playing it safe

NAPS

Featurettes

Throughout the year, such leisure-time activities as softball, gardening, running and tennis can be great ways to get or stay in shape. Unfortunately, the pain resulting from injuries can sometimes overshadow the enjoyment of participating in these common activities.

Here are a few tips that may help prevent injury and pain:

•**Softball:** Participating in softball or baseball leagues is one of the most popular recreational activities in the U.S. To minimize the risk of injury to the shoulder or elbow occurring as a result of excess pitching, try not to throw more than 80 to 100 pitches during a game and 30 to 40 pitches in a practice.

•**Gardening:** Many people don’t know that gardening can cause injuries and pain. However, the upper legs, shoulders, wrists and back all may be impacted. Performing simple warm-up and cool-down stretches before and after gardening may help alleviate injuries, pain and stiffness in these areas. Kneeling, rather than bending at the waist also may be helpful.

•**Running:** While running can be an excellent form of exercise, injuries to the lower back, hips, knees, ankles and feet are common. A brief warm-up before run-

ning, and stretching both before and following the run, may help minimize the risk of injury.

•**Tennis:** Tennis is an activity that offers enjoyment while simultaneously providing an aerobic workout. Stretching before a game may prevent injuries to the legs and loosen up muscles.

Wearing proper shoes with good support may help prevent ankle injuries. To lessen the chance of lower back injury, avoid playing on hard surface courts with no “give.”

Despite your best efforts, injuries can occur, and may lead to persistent pain. If you experience pain, speak with your physician for help in determining a pain management program that is appropriate for you.

While treatment programs will vary, based on the individual and the type and intensity of the pain experienced, a program that includes both non-drug treatments and medication is often recommended.

Non-drug treatments may include heat, cold/ice,



Sgt. Alexis R. Mulero

Cpl. Kirk Pusey, a food service specialist with 3/3 stretches in the Semper Fit Center Parking lot.

massage, acupuncture and physical therapy. The most common types of pain medications are aspirin, acetaminophen and non-steroidal anti-inflammatory drugs.

For additional information about pain management, consult with your doctor or a pain specialist.